

1. CONTEXT

LO
Health and nutrition

2. INCLUSION

ETHICS OF CARE for self, family and community dietary health.

3. CO-DEFINE CONCERNS



4. START-UP EXEMPLARS



NGUNI CATTLE
WATER
POLLINATION
BIODIVERSITY
NUTRITION
CLIMATE
PLASTICS



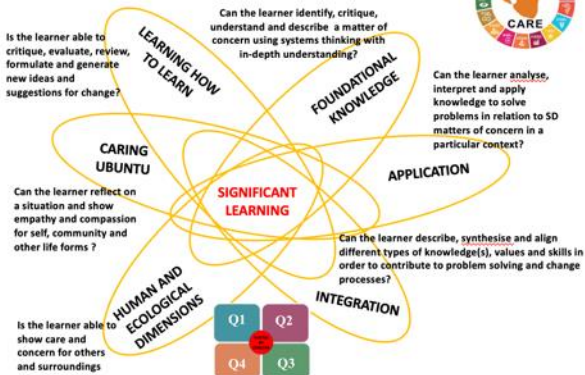
Start-up
Story
sharing

5. Map out COMPETENCES & 6. PLAN LEARNING TOGETHER

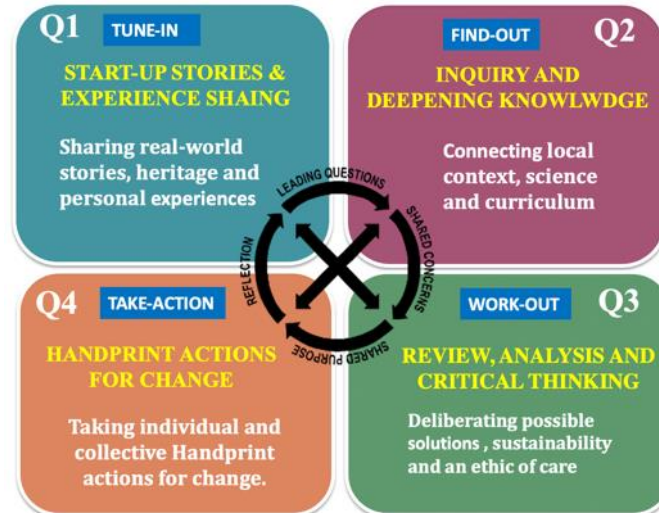
Planning curriculum activated ESD together

Assessment

ASSESSING significant learning actions



Learning task sequences



Approach



Umkhomba ndlela



**Start-up story
exploring the
globalizing history
of cashews as a
snack food now
being grown in
South Africa with
climate change.**





Practical Challenge

Group Activity: Assess the snack foods at a recent party or sports practice

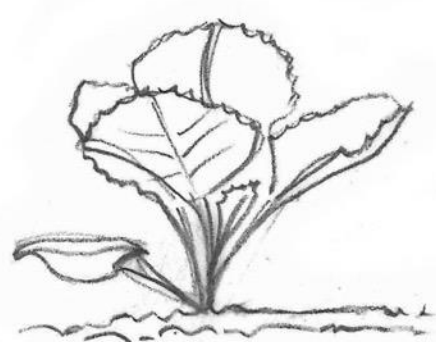
Interview friends to find out what snacks they have had at their last sports practice, party, long trip in a car, school outing or family picnic.

Task:

- Make a list of the snack foods from most common to unusual
- List the top 5 in popularity
- List the top 5 snacks that you parents would consider healthy



Inquiry task to explore snacking preferences for deliberative work on health and nutrition.



A healthy snack for school

Plan a snack box for a friend to have at school.

From what you have learned about snacks and health plan a school lunch box for a classmate.

Task:

- List the healthy snack foods you would provide
 - List why you think that they are healthy options
 - Make a table and get 5 friends to rate the lunch box snacks 1-5 star according to what they would or would not like to eat.
 - Finally ask them if there are any healthy snacks that they would add to your list.
1. **Plan a snack box for a friend to have on a school outing.**
 2. **Ask your parents to assess the snacks you have provided you friends.**
 3. **Record the snacks that your friends have enjoyed the most.**
 4. **Report back to the class on what you have learned and what are the most popular and healthy snack foods.**



**Change challenge
exploration of school
lunches or a planned
school outing.**



References and Readings

Katarina Roncevic (2020) Cashews. Engagement Global.

O'Donoghue, Roncevic and Martin (2021) Cashews: Handprint CARE resource pack for teacher education. UNESCO SST e-learning library, ELRC, Rhodes University in association with the Centre for Environmental Education, Ahmedabad.

Martin and O'Donoghue, (2021) Cashews Kamishibai. UNESCO SST e-learning library, ELRC, Rhodes University in association with the Centre for Environmental Education, Ahmedabad.