

# HOERSKOOL ELSPARK

## LIFE ORIENTATION

### GRADE 9: TERM 3

#### ACTIVITY 4: VOLUNTEERISM

Volunteers are people who do not get paid for the work that they do. They do it because they want to give their time and skills to something they care about. Volunteers are often people with professional knowledge and skills who help communities where those skills are lacking. By volunteering, people serve others, and they develop a sense of community, self-worth and self-respect.

#### **Individual and community responsibility**

##### **Ubuntu**

- We exist because of other people.
- The good of the community is more important than the good of the individual
- The human race is a family – there is room for everyone.
- We must all care for and respect each other
- All people should be treated with respect and dignity
- There is room for every culture, race, language and point of view.

#### **Different types of volunteer organisations**

##### Sustainable development

- Natural resources used in a way that meets our needs but at the same time preserves them for future generations.

##### Volunteering happens through:

- Community based organisations:  
These are organisations that are found within the community that are addressing their specific needs.
- Non-Profit organisations:  
These are organisations that are not run by the government; they provide a service to communities but do not make any money.

#### **Different types of volunteer activities**

- Help kids
- Give back to those less fortunate
- Play with pets at a local animal shelter
- Help the environment
- Support someone with health problems

